Instructions:

Using a Standard pencil = HB or 2b with a slightly dull point Go firmly over any of the lines you want to transfer Trim the box area

Place this sheet, this side down on your 1/4 sheet of watercolor paper
Take a piece of masking tape about a little shorter than the top edge
Tape the top edge, leaving half the tape sticking over.
Wrap the tape over the top of the watercolor paper and stick it to the back
This is so that you can maintain the alignment until you are done
Rub the back of the paper with a good sized coin where the lines are
(you should be able to see them through the paper).
Lift the sheet periodically to make sure you are getting them all.
Never leave masking tape stuck to watercolor paper for more than a few hours.

